



INHALATION AND AEROSOL

Inhalation and Aerosol. To purify your respiratory system.

Continental Terme Hotel has a department for the inhalation therapy. Nebulized spa water helps all kinds of upper and lower respiratory conditions, and is effective in the prevention and curing of chronic illnesses.



Cold, pharyngitis, laryngitis, tracheitis, flu, allergic rhinitis, cough.

The number of respiratory complaints has considerably increased in recent years, caused in part by the worsening environmental situation (pollution, smoking, etc.). Continental Terme Hotel has a department for the inhalation therapy. Nebulized spa water helps all kinds of upper and lower respiratory conditions, and is effective in the prevention and curing of chronic illnesses.

Otorhinolaryngological diseases and disturbances of the respiratory system have very positive results from this type of treatment recommended especially for subjects suffering from chronic bronchitis, smokers and ex smokers. Regardless of the manner it is administered, thermal water is a treatment.

The anti-inflammatory characteristics of the Terme Euganee water have been proven by numberless scientific studies and, even in this case, they make the difference.

During the session of aerosols, small thermal water particles are inhaled through the respiratory system, bringing relief and benefit to your nose, throat, bronchial tubes, lungs and larynx.

Inhalation treatments can be approved by the **National Health Service**.

For children a pleasant way to make the treatment being held in mother's arms, in a comfortable hotel and after a beautiful swim in the swimming pool.

Regardless of the method of administration, the water of Thermae Abano Montegrotto is the real therapy with its anti-inflammatory characteristics.

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Inhalations and aerosols with thermal water are effective for:

- Simple or accompanied chronic bronchitis with an obstructive component (excluding asthma and emphysema);
- Vasomotor rhinopathy;
- Chronic pharyngolaryngitis;
- Chronic sinusitis or chronic rhinosinusitic syndrome;
- Chronic rhinosinusitic-bronchial syndromes;
- Tonsillar and adenoid hypertrophy;
- Tubal stenosis;
- Chronic catarrhal otitis;
- Chronic purulent otitis.

Therapeutic characteristics of thermal water administered by aerosol:

- Antiseptic action;
- Stimulation of the ciliary apparatus;
- Fluidification of the secretion;
- Normalisation of respiratory mucus characteristics;
- Reduction of the non-physiological microbiological component.

The form is a standard medical prescription for inhalation and aerosol therapy. It contains fields for patient information (name, address, phone), medical history (previous treatments, allergies), and a grid for recording the number of inhalation and aerosol sessions. There is also a section for the doctor's signature and stamp.

*Inhalations and aerosols are carried out in the hotel's own thermal centre and is an agreement with the **National Health System**, requesting the prescription from the general practitioner.*